

Uncaffeinated

Hot Chocolate	2.00	2.50	3.00	3.50
Steamer	1.50	2.00	2.50	3.00

Teas

Chai Latte	3.00	3.50	4.00	4.50
Dirty Chai Latte	3.50	4.00	4.50	5.00
Loose-leaf Tea	1.75	2.75	3.00	3.25

Frozen Drinks Frappuccino-style blended ice drinks

	3.50	4.00	4.50	5.00
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Available in all "Specialties" flavors (see front page)

Extras

Flavor syrup50	Soy milk.....	.75
Extra shot	1.00	Coconut milk.....	1.00

Smoothies

16 oz \$6.00

MERMAID- Strawberry, banana, greek yogurt & orange juice

MANGO- Mango, strawberry, greek yogurt, & orange juice

STARFISH- Raspberry, strawberry, mango, banana & OJ

TRITON- Blueberry, blackberry, raspberry, banana, coconut milk

Add-ins: Protein powder, flaxseed, agave..... 1.00

Bottled Drinks

Sparkling Mineral Water....\$3	Milk- 12 oz cup.....\$2
Water.....\$2	Izze\$2
	Pellegrino.....\$2



Prices subject to change. 5-8-13

225 FOURTH AVE, SEWARD, AK 99664



(907) 224-6623 WWW.SEABEANCAFE.COM

BREAKFAST AND LUNCH MENU INSIDE!

Gluten-free, vegan and vegetarian options available

We proudly serve organic, fair-trade espresso and coffee. Trace it to the source! Ask us how...

Espresso Drinks

	8 oz	12 oz	16 oz	20 oz
Coffee	1.50	2.00	2.50	3.00
Cafe au lait	2.00	2.50	3.00	3.50
Espresso	dbl-	1.75	quad-	2.75
Machiatto	dbl-	2.00	quad-	3.00
Americano	1.75	2.25	2.75	3.25
Sludge	2.00	2.75	3.25	4.25
Cappuccino	3.00	3.50	4.00	4.50
Latte	3.00	3.50	4.00	4.50
Mocha	3.50	4.00	4.50	5.00
Breve	3.75	4.25	4.75	5.25
Mocha Breve	4.00	4.50	5.00	5.50

Specialties

	3.75	4.20	4.75	5.25
Minty Madam			Peppermint & chocolate latte	
Jolly Roger			Caramel & hazelnut latte	
Nuts to You			Macadamia nut, hazelnut & coconut latte	
The Siren			Raspberry & vanilla latte	
Pieces of Eight			Coconut, buttermilk & vanilla latte	
Black Jack			Black cherry mocha	
Moonlight			Almond & coconut white chocolate mocha	
Queen Anne's Revenge			English toffee & buttermilk mocha	
Blackbeard			Chocolate, vanilla & caramel mocha	

Bakery

Muffin	Delicious and satisfying. Selection varies	3.00
Croissant	Flaky, buttery goodness! (add butter- .30)	2.00
Cookies	Fresh baked. Selection varies	2.00
*Chocolate Chip Cookie Tart	Crispy outside, soft and chewy inside. The most delicious cookie we've ever tasted. You won't believe it's gluten-free and vegan!	3.50
*Marathon Bar	Energy bar for the trails. Sunbutter, honey, flaxseeds, pecans, walnuts, pumpkin seeds and Erewhon brown rice cereal. Gluten free!	3.50
*Brownie Tart	Moist, decadent chocolate brownie, topped with coconut icing. Gluten free and vegan!	4.00
Bear Claw	Croissant-like pastry wrapped around cream cheese and fruit filling, and drizzled with icing	5.00
Cinnamon Roll	Huge, warm cinnamon roll drenched in icing	5.00

*Gluten free & vegan

Breakfast

Breakfast Panini	Bacon or ham, eggs, and Tillamook cheddar on focaccia. Served with a side of salsa.	10.95
Breakfast Wrap	Bacon or ham, eggs, Tillamook cheddar and salsa piled into a grilled wrap.	8.95
Nutella Sandwich	Strawberries, banana slices and nutella on lightly grilled whole-grain bread	6.95
Hot Oatmeal	Organic oats served with brown sugar & raisins	3.00
Umpqua Oatmeal	For oatmeal lovers on the run.	4.00
Granola	Includes milk or soy milk (coconut milk, add \$1)	4.95
Yogurt Parfait	Our homemade granola layered with greek yogurt and topped with cinnamon sugar	5.00

Wraps

Available until 7 p.m. daily

Breakfast Wrap	Bacon or ham, eggs, Tillamook cheddar and salsa piled into a grilled wrap.	8.95
Ranch	Turkey, Tillamook cheddar, bacon, red onion, lettuce and ranch dressing	7.95
Veggie	Tomato, avocado, cucumber, red onion, lettuce, and cream cheese	7.95

Bagels

Served until 7 p.m. daily

Plain	Toasted, served with your choice of cream cheese, butter, jelly or nutella (avail. all day)	3.50
Breakfast	Bacon or ham, eggs, and Tillamook cheddar on bagel of your choice (avail. until 11:30 a.m.)	7.95
Smoked Salmon	Local smoked salmon, tomato, cucumber, red onion and cream cheese on bagel of your choice	9.95
Veggie	Tomato, avocado, cucumber, red onion, and cream cheese on bagel of your choice	7.95

Paninis

Available until 7 p.m. daily

We slice our own meats and cheeses to give you the best possible quality. Served on delicious locally made herbed focaccia

The Mayflower	Turkey, bacon, cream cheese, house-made cranberry sauce, black pepper, lettuce, drizzled with honey	10.95
Sunshine Sandwich of Happiness	Sometimes simple is best: Ham, Tillamook cheddar, and macaroni & cheese	10.95
BLT	A souped-up version of the classic: bacon, lettuce, tomato, avocado, red onion, and Tillamook cheddar	10.95
Pesto Turkey	Turkey, bacon, provolone, red onion and pesto	10.95
Bleu Cheese	Turkey, bacon, ham, avocado, lettuce and bleu cheese dressing	10.95
Italian	Ham, salami, pepperoni, provolone, red onion, tomato, lettuce, olive oil and oregano. Served with a side of marinara sauce for dipping	10.95
Black Bean Burger	Black bean burger, provolone, red onion, avocado, roasted red pepper, lettuce, and hummus	11.95
Veggie	Avocado, red onion, tomato, roasted red pepper, cucumber, lettuce and hummus	10.95
Nutella	Strawberries, banana slices and nutella on lightly grilled whole-grain bread	6.95

All sandwiches are available on Gluten-Free bread- add \$2.50

Build Your Own Sandwich!

Pick Your Toppings from the Options Below- \$10.95

Bread (pick one)	Sourdough, two-toned rye, focaccia, tortilla wrap, bagel, or croissant
Meat/Meat Sub (pick one)	Ham, turkey, chipotle black bean burger, bacon, egg, or smoked salmon (add \$1.50)
Cheese (pick one)	Cheddar, provolone, or pepperjack
Spreads	Hummus, cream cheese, pesto, ranch, blue cheese spread, cranberry sauce, honey, salt-n-pepper, spicy mustard
Veggies	Lettuce, tomato, red onion, banana pepper, cucumber, roasted red pepper, avocado (add .75)
Other stuff you can add for a tiny fee!	Extra bacon- \$1.00 Bag of chips- \$1.00 Bowl of soup- \$3.50 Edamame- \$3.25 Chips & Salsa- \$2.00

Soups

Served with focaccia. Daily selection varies

Bowl.....	5.50
Soup & Sandwich.....	13.95

For the Kids

PBJ	Organic peanut butter and organic strawberry preserves on whole-grain sandwich bread	4.95
Grilled Cheese	Tillamook cheddar on panini-grilled whole-grain sandwich bread	5.95
Macaroni & Cheese	Mac-n-cheese in a cup	4.95